

# NCAA ELIGIBILITY

# Athletic Associations

## ◎ NCAA

- Large Colleges or Universities
- Division I, II, and III

## ◎ NAIA

- Smaller Colleges
- Division I and II (basketball only)

## ◎ NJCAA

- Junior Colleges and Community Colleges
- Division I, II and III

# High School Four Year Plan

Freshman  
Year

Sophomore  
Year

Junior  
Year

Senior  
Year

# Freshman Year

- Meet with counselor to discuss core classes
- Get to know the coaches
- Work on your grades – 9<sup>th</sup> grade counts!!!
- Attend sports camps
- Think realistically about your ability
- Think about your academic and career goals
- Begin your sports resume
- Know the NCAA and NAIA rules and regulations

# Sophomore Year

- Keep grades up!!!
- Take PSAT
- Work with coaches regarding ability and ambitions
- Check NCAA and NAIA admission and application process AGAIN
- Research colleges that interest you
- Update your sports resume

# Junior Year

- Speak with counselor about career goals and course requirements
- Speak with HS or club coaches about a “realistic” assessment of which college level
- Attend college and career fairs
- Take PSAT/NMSQT and SAT or ACT: Submit all OFFICIAL TEST SCORES from ACT and SAT directly from the testing agency to the NCAA using Institution Code 9999
- Refine list of possible colleges
- Update sports resume

# Junior Year Continued

- ① Create skills video
- ① Send letters of interest to college coaches or fill out online questionnaires
- ① Obtain letters of recommendation from HS or club coaches, have them make calls if appropriate
- ① Register with the NCAA Eligibility Center
- ① Possibly attend sports camp at prospective college

# Senior Year

- Complete graduation/core course requirements
- Make sure you have registered with the NCAA Eligibility Center and transcript has been sent
- Review carefully the *NCAA Guide for the College Bound Student-Athlete* available at [www.eligibilitycenter.org](http://www.eligibilitycenter.org) and/or the *NAIA Guide for the College Bound Student Athlete*
- Retake the SAT/ACT if needed
- Complete Amateurism Questionnaire



# Senior Year Continued

- Narrow college choices further: size, academics, locations, athletics, finances, etc.
- Apply to schools that you would be happy at if you did not play a sport or were injured
- Send applications for admission and transcripts, pay attention to individual deadlines for colleges
- Follow recruiting rules with campus visits
- Send in FAFSA

# Senior Year Continued

- ⦿ Sit down with parent/coaches and weigh pros and cons of each school
- ⦿ Send updated letter of interest to coaches with athletic resume and season schedule
- ⦿ Be sure of final choice BEFORE signing any papers
- ⦿ Let coaches know when their school is no longer in the running and THANK them

# How Do You Get Recruited???

- ⦿ Remember: It is your responsibility
- ⦿ Letters of interest to potential colleges and fill out recruiting questionnaires online
- ⦿ Sports Resume
- ⦿ Skills Video/DVD/YouTube
- ⦿ Phone calls/emails
- ⦿ Being “seen”
- ⦿ Attend sports camps at potential colleges
- ⦿ Ask current coaches for help by sending recommendations to potential colleges

# Sports Resume

- Keep track of your sports history starting with 9<sup>th</sup> grade (some sports can start in 8<sup>th</sup> grade – volleyball, basketball, softball, soccer)
- High School and Club teams you played on with coaches contacts (emails/cell numbers)
- School records, awards, honors, etc. you earned
- Copies of any time you are mentioned in the media
- Personal records for swim, track, XC and important stats for others
- Your GPA and Community Service

# Things to Know for NCAA

- Eligibility Center: [www.eligibilitycenter.org](http://www.eligibilitycenter.org)
- Core Courses and Requirements
- Calculating Core Course GPA
- Required ACT/SAT scores
- HS must send final transcript and proof of graduation to NCAA Eligibility Center (you must request this from the registrar)
- You must graduate “on time” in 8 semesters with your class
- Very few on-line classes will count, so take and pass all of your classes at HHS
- Amateurism: see the athletic director if this is a concern

# Things to Know - Eligibility

## NCAA Division I Requirements

- Graduate from HS
- Complete 16 core courses in required areas with a 2.3 minimum GPA (10 taken before your 7<sup>th</sup> semester)
- Must have corresponding ACT or SAT score (sliding scale)
  - ACT = English + Math + Reading + Science
  - SAT = Critical Reading + Math only  
(Writing score NOT used)
- High GPA = Lower required test score
- High test score = Lower required GPA

\*core courses MUST be on Perry High's NCAA List of Approved Core Courses as posted on the NCAA Eligibility Center web site

\*Admission requirements to the university of your choice are NOT THE SAME as NCAA initial-eligibility requirements

# Things to Know - Eligibility

- ◎ NCAA Division II Requirements
  - Graduate from HS
  - Complete 16 core courses in required subjects with a minimum 2.2 GPA
  - Must have corresponding ACT or SAT score (sliding scale)
- ◎ NCAA Division III Requirements
  - Does not require registration with NCAA Eligibility Center

# Things to Know - Eligibility

- NAIA Requirements
  - Graduate from HS
  - Meet 2 of the following:
    - High School GPA of 2.0
    - ACT 18 or SAT 970
    - Graduate in upper half of class

<https://www.playnaia.org/>



# NCAA Core Course Requirements

## Division I

(16 core classes)

- 4 yrs English
- 3 yrs Math (Alg 1 or higher)
- 2 yrs Science
- 1 extra yr of English, Math or Science
- 2 yrs Social Science
- 4 yrs additional core courses

## Division II

(14 core classes, 16 in 2013)

- 3 yrs English
- 2 yrs Math (Alg 1 or higher)
- 2 yrs Science
- 3 extra yrs of English, Math or Science
- 2 yrs Social Science
- 4 yrs additional core courses

# Student Athlete Resources

## ◎ Helpful Websites

- [www.eligibilitycenter.org](http://www.eligibilitycenter.org)
  - Determines academic eligibility
- [www.ncaa.org](http://www.ncaa.org)
  - Official NCAA website
- [www.ncaasports.com](http://www.ncaasports.com)
  - Research college sport info, results, news, etc.
- [www.collegeboard.com](http://www.collegeboard.com)
  - All steps in searching for a college
- [www.fafsa.gov](http://www.fafsa.gov)
  - Free application for federal student aid

# Student Athlete Resources

- Helpful people at Perry HS
  - Cyndi Zepeda: Registrar (480-224-2824)
  - Toni Horn: Career Counselor (480-224-2993)
  - Fred Mann: NCAA/NAIA/NJCAA Eligibility Counselor (480-224-2947)
  - Catherine Hendon: Counseling Secretary (480-224-2814)
  - Jennifer Burks: Athletic Director (480-224-2822)